



August Saturday Class Lineup



August 5th

- 8- Cycling- Brenee
- 9- STRONG by Zumba - Victoria
- 9- Water Fitness- Katie
- 10:15- Yoga- Jen

August 12th

- 7- Step - Robin
- 8- Cycling- Chloe'
- 9- GRIT - Chloe'
- 9- Water Fitness- Claudia
- 10:15- Yoga- Jada

August 19th

- 8- Cycling- Brenee
- 9- TURBO KICK- Allison
- 9- Water Fitness- Katie
- 10:15- Yoga- Marilyn

August 26th

- 8- Cycling- Jamilia
- 9- PIYO- Marilyn
- 9- Water Fit- Sally
- 10:15- Yoga- Marilyn