



December Saturday Class Lineup



December 2nd

- 7-STEP- Robin**
- 8- Cycling- Jamilia**
- 9- PiYo - Marilyn**
- 9- Water Fit- Kellie**
- 10:15- Yoga- Marilyn**

December 9th

- 8- Cycling- Mayra**
- 9- GRIT Strength- Traci**
- 9- Water Fit- Crystal**
- 10:15- Yoga- Ricardo**

December 16th

- 7 - STEP - Robin**
- 8 - Cycling - Monica**
- 9 - PiYo & Barre - Marilyn**
- 9 - Water Fit - Crystal**
- 10:15- Yoga - Marilyn**

December 23rd

- 8- Cycling- Chloe'**
- 9- Zumba - Lindsay**
- 9- Water Fit-**
- 10:15- Yoga- Ali**

December 30th

- 8- Cycling- Brittany**
- 9- PiYo Launch-Allison & Jenna**
- 9- Water Fit-Sally**
- 10:15- Yoga- Ali**

