



November

Saturday Class Lineup



November 3rd

- 8- Cycling- Jamilia
- 9- Barre- Marilyn
- 9- Water Fit- Erica
- 10:15- Yoga- Marilyn

November 17th

- 8 – Cycling – Kim
- 9 – Zumba- Rachel
- 9 – Water Fit – Ester
- 10:15- Yoga – Ester

November 10th

- 8- Cycling- Brittany
- 9- Bodycombat- Karin
- 9- Water Fit- Kellie
- 10:15- Yoga- Ester

November 24th

- 8- Cycling- Cici
- 9- Bodypump- Julie
- 9- Water Fit- Ester
- 10:15- Yoga- Ester