



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



LEADERS MADE HERE!

BECOME A HIGH SCHOOL INTERN

- Begins June 10th —August 9th
- Application deadline is May 31st
- Packets available at Front Desk
and online at www.smvymca.org

For more information contact Sabrina Arcos
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Looking for experience? Be a part of our high school summer internship!

The camp environment provides a unique opportunity for youth to build leadership skills while gaining work experience. The goal for the internship is to teach the general skills of leadership that can be used at school, home and the community.

APPLY TODAY!!



Welcome to the 2019 Summer Internship Program!

Summer Internship Participants (SIP) at the Santa Maria Valley YMCA will have a unique opportunity to build leadership skills and gain work experience while assisting counselors with our summer campers. The goal of the program is to help youth gain hands-on work experience enhanced with an intentional leadership development portion. The SIP curricula is designed to develop the technical skills necessary to be an effective, competent, and compassionate youth worker, possessing all of the core competencies the YMCA recognizes are vital to success as a counselor in either a day camp or afterschool setting.

While it is not “working” at camp in the same sense as a staff member, as a SIP they are held to the same standard as our Y Camp Counselors with the added fun of a camper.

This program teaches management and leadership skills, time management, gives you hands-on training, and interview experience. Our goal is to help youth prepare for a summer job in the future.

During the day we will meet to discuss SIPs’ observations and experiences while working with campers and staff. SIPs will receive volunteer hours that can be added to their growing resume, a certificate of program completion, a stipend check, and a letter of recommendation upon request.

Daily Schedule

8:50 – 9:00 am	Drop Off/Clock in	11:30 – 12:15 pm	Lunch
9:00 – 9:30 am	Morning Meeting	12:15 – 1:45 pm	Camp Rotation
9:30 – 11:30	Camp Rotation	1:45 – 2:00 pm	Closing Meeting

Morning Meeting

During our morning meeting, SIPs will meet with the Volunteer Manager to check in on how their internship experience is going. This is the time for SIPs to speak with the Volunteer Manager about their rotation placements, activities, and interactions with staff, campers, and other SIPs. The Volunteer Manager will also meet to discuss what he/she sees while the SIPs are in rotation and provide recommendations as well as set goals for the week. SIPs will also receive their prompt for their daily journal.

Journal

Each SIP will be given a journal on the first day of the internship. SIPs will be asked questions and given prompts each day that are to be answered in their journal. The journal is also for writing down observations, questions, things they want clarified and activities they come up with and plan. Journals will be read by the Volunteer Manager daily/weekly. SIPs must bring their journal with them each day.

Rotation

SIPs will be given a rotation placement each week. Camp rotations are in the following areas: Literacy, Art, PE, HBI, Splash, and Specialty. Each SIP will rotate between each rotation for the duration of the internship but can request to be placed in a specific rotation. A SIP’s primary responsibility is to help the counselor or specialist, get supplies as needed, add encouragement to unwilling campers, and to lead the activities as needed. SIPs are NOT responsible for discipline and are NOT allowed to be alone with a camper.

Character Development Days

Each Friday SIPs will implement the activities planned for the campers. SIPs will have a leadership role during this time. They are responsible for explaining the activity and helping counselors and campers to participate and have fun. The Volunteer Manager will work closely to help when necessary.



Summer Internship Participants (SIP) Expectations

To qualify for the Internship SIPs must:

- Be a current high school student with a GPA of 2.0+
- Complete the application and submit the necessary paperwork
- Successfully complete the interview process
- Have a willingness to lead, learn, and have fun
- Ability to work with children, peers, and adults in a professional manner
- Be a positive role model for other youth

SIPs Responsibilities

- Be available for a week-long training (*June 10 – 14 from 9:00 am – 2:00 pm*)
- Provide transportation to and from camp
- Actively participate in any meetings, activities, and assignments
- Willingness to accept feedback or provide it when applicable
- Complete SIP objectives (*listed below*)
- Have fun

Expectations of a SIP

- Be on time and ready for camp each day (*wearing SIP uniform*)
- Be where you are scheduled to be
- Assist all camp staff
- Encourage campers to participate through your own participation
- Report issues to adult staff and supervisor
- Never be alone with a camper; ensure a Y counselor is with you at all times
- No inappropriate contact with a camper
- Notify supervisor if you are unable to come for a shift
- Participate in a minimum of 3 Character Development Days

SIP Objectives:

- SIPs will demonstrate an understanding of the role and responsibilities of a counselor at camp
- Demonstrate behaviors that show support for others
- Demonstrate communication skills through activities listening, non-verbal communication, empathy, and tone of voice
- Reflect a positive attitude that promotes fun for others

SIP's rewards for completing internship:

- Developing new skills that will help in future leadership roles
- Volunteer hours
- Stipend check
- Making new friends and memories
- Gaining a reference for future job applications – letters of recommendation available upon request



Summer Intern Job Description:

SIP Reports to: **Volunteer Manager**

Job Description: SIPs are responsible for providing peer leadership at camp. They are expected to serve as positive role models for campers as well as provide assistance to camp staff. SIPs are expected to participate fully in all activities at all times and to provide leadership in various activities when asked. Must be available a minimum of 3 days a week from 9:00 am – 2:00 pm

Main Responsibilities:

- Act as a positive role model for campers
- Help camp staff and counselors in camp activities
- Help get campers involved in activities
- Assist staff to create a fun safe environment
- Accompany counselors in guiding campers from one activity to another
- Inform camp counselors or adult staff of any problems
- Encourage campers to work as a group
- Follow camp rules and expectations and be able to explain rules to campers
- Be flexible and ready to adjust to new situations
- Ask questions when in doubt and keep open communication
- Always make sure that a counselor can see you or is aware what adult staff you are assisting with – NO EXCEPTIONS
- Execute Character Development activities at least 3 times during the program
- Have Fun

Expected Outcomes:

- You will help to create an enjoyable and rewarding experience for campers, counselors, and yourselves
- Gain a positive leadership experience for your resume
- A feeling of accomplishment following any/every challenge you face = personal growth
- Many smiles, laughs and new experiences as well as the opportunity to develop new friendships

SIP Agreement:

There will be a zero tolerance rule for any disrespectful acts or behaviors exhibits by SIPs toward adult staff, other SIPs or campers. If you break this rule, you will be sent home immediately. No excuses-no explanations. If there are any problems, concerns or unreasonable requests by adult staff, the Volunteer Manager needs to be told immediately. By signing below, I have read, fully understood, and agreed to follow all of the main responsibilities as well as the zero-tolerance rule on this document.