February 2020
Saturday Class Lineup

February 1st
7- Step- Robin
8- Cycling- Jenn W
9- BODYPUMP- Cynthia
9- Water Fit- Ester
10:15- Yoga- Jennifer M

February 8th
8 – Cycling- Jamilia
8- GRIT- Cristal
9 – BODYFLOW- Jen A
9 – Water Fit- Kellie
10:15– Yoga- Kellie

February 15th
8- Cycling- Kim
9- ZUMBA master class Mae &
Ellen & Friends 75 min Birthday/Valentines
tHEME. Wear RED and pink! *Activities Room*
9- Water Fit- Ester
10:15- Yoga- Ester

February 22nd
8- Cycling- Kim
9- COMBAT- Brittany
9- Water Fit- Erica
10:15- Yoga- Jennifer M

February 29th
7- Step- Robin
8- Cycling- Kristi
9- BODYFLOW- Karin & Allison
9- Water Fit- Ester
10:15- Deep Stretch- Jenn W