



# October

## Saturday Class Lineup

### October 7th

8:00 Cycling—Monica

8:00 Function Fit—Justin

9:00 Aqua Fit—Erica

9:00 Body Combat Launch

10:30 Yoga—Kilee

### October 28th

8:00 Cycling— Mary

8:00 Functional Fit-Justin

9:00 Aqua Fit—

9:00 Barre Fusion—Kilee

10:30 Yoga—Jannah

### October 14th

8:00 Cycling—Jannah

8:00 Function Fit-Justin

9:00 Aqua Fit—

9:00 Body Pump Launch

10:30 Yoga—Nicole

### October 21st

8:00 Cycling—Gina

8:00 Functional Fit-Justin

9:00 Aqua Fit—

9:00 Zumba—Lindsay

10:30 Yoga—Katlin