



February

Saturday Class Lineup

February 3rd

- 8:00 Cycling—Mary
- 8:00 Step—Robin
- 9:00 Aqua Fit—Jannah
- 9:00 Barre Fusion—Kilee
- 10:30 Yoga—Jannah

February 10th

- 8:00 Cycling—Mary
- 8:00 Zumba—Kristin
- 9:00 Aqua Fit—Erica
- 9:00 Body Combat—Jin/Karin
- 10:30 Yoga—Kilee

February 17th

- 8:00 **Cycling Fundraiser 1 hour class!**
Mary and Amanda—Activities Room
- 8:00 Zumba – Donna
- 9:00 Aqua Fit-_____
- 9:00 Soul Fusion—Allison
- 10:30 Yoga—Katlin

February 24th

- 8:00 Cycling—Jannah
- 8:00 Body Balance—Karin
- 9:00 Aqua Fit—Erica
- 9:00 Soul Kickboxing—Allison
- 10:30 Yoga—Nicole

SPECIAL ZUMBA FUNDRAISER

- 9AM—10:15 Zumba ladies in
Activities Room