OUR CORE VALUES
Being part of the YMCA family means all players, parents, coaches, and referees will uphold our core values of caring, honesty, respect, and responsibility.

WELL DONE
Applaud good plays by your own team AND the opposing team.

WEAR SUNSCREEN
Keep your skin safe by applying sunscreen of SPF 30 or higher when you play outdoors. Prevent sunstroke by wearing hats and sunglasses.

OUR RULES
Encourage players to always play according to the rules.

POSITIVE REINFORCEMENT
Never ridicule or scold a child for making a mistake during a game or practice. Instead, praise what they did well.

STAY HYDRATED
Drink plenty of water to keep yourself hydrated while participating in all outdoor activities, especially on hot days.

GIVE TO OTHERS
Together we can empower families and children to learn, grow, and thrive. By giving to our Annual Campaign, you can help make a difference. Your gift will help our community and everyone in it shine.

HAVE FUN
Youth sports leagues at the YMCA are built around having fun. You can help us make this season enjoyable.

EVERYBODY PLAYS, EVERYBODY WINS!
Youth Sports Programs
2020
Santa Maria Valley YMCA
Rookie Sports

AGES 3-6

At the Santa Maria Valley YMCA, we coach children in fundamentals, technique and build confidence so they don’t feel the pressure of performance. Participate in a fun environment while working towards skills in a family oriented, fun atmosphere.

*Parent or guardian must be present at each practice and may be asked to participate if needed.

Rookie Sports runs for four weeks per session. Registration includes a team picture, snacks and shirt.

*Please be advised program guide dates are subject to change without notice.

VOLUNTEER

BECOME A VOLUNTEER COACH

We offer opportunities to help develop and mentor youth in sports. All YMCA soccer teams are coached by volunteer coaches. Many volunteers are parents who have children on the team. All coaches attend trainings and are background checked to become certified as YMCA coaches. Youth soccer coaches receive $15 off their child registration. (Limit one discount per player and team.)

Interested in volunteering?

Contact Cathy Otero
cotero@smymca.org
(805) 937-8521
or visit smvymca.org

Our sports programs develop more than skills— they develop character. We offer a variety of programs for youth through league sports. Instructors and coaches are often volunteers and including many parents; emphasize teamwork, cooperation, and developing good values.
SCHOLARSHIPS

Santa Maria Valley YMCA is a nonprofit organization. Membership and programs are open to everyone. Scholarships are available up to 50% off.

To apply, pick up an application at our member service desk or download one online.

If requesting financial assistance, all documents must be submitted three days prior to registration deadline.

For more information, please contact:

Cathy Otero
Sports, Special Events, and Social Media Director
cotero@smvymca.org
(805)937-8521
Or visit our website at smvymca.org

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<thead>
<tr>
<th>BASKETBALL SESSION 1</th>
<th>February 4th – February 25th</th>
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<tbody>
<tr>
<td>Age</td>
<td>3-6</td>
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<tr>
<td>Fee</td>
<td>$60 member</td>
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<td>$70 non-member</td>
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<tr>
<th>T-BALL SESSION 1</th>
<th>May 5th – May 26th</th>
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<tr>
<td>Age</td>
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<tr>
<td>Fee</td>
<td>$60 member</td>
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<td>$70 non-member</td>
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<tr>
<th>BASKETBALL SESSION 2</th>
<th>July 7th – July 28th</th>
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<tr>
<td>Age</td>
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<tr>
<td>Fee</td>
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<tr>
<th>T-BALL SESSION 2</th>
<th>October 27th – November 17th</th>
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<td>Fee</td>
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At the YMCA, our youth soccer leagues combine elements of fun while emphasizing skill development and good sportsmanship. Participants will be placed on teams ensuring that everyone plays and that all teams have equal ability. Practices will be held once a week for 45–60 minutes. Games will be held every Saturday. Coaches select practice day and time at coaches meeting. Soccer runs for 8 weeks.

**SUMMER SESSION**

**Registration Period:**

May 1<sup>st</sup> – June 24<sup>th</sup>

**First Practice:** Week of July 13<sup>th</sup>

**First Game:** Saturday, July 18<sup>th</sup>

**Last Game:** Saturday, September 5<sup>th</sup>

**JULY 18<sup>th</sup> – SEPTEMBER 5<sup>th</sup>**

**Age**

3–9

**Practice** Monday–Friday between 4–6 pm

**Fee**

$80 member

$95 non-member

**FALL SESSION**

**Registration Period:**

August 1<sup>st</sup> – September 16<sup>th</sup>

**First Practice:** Week of October 5<sup>th</sup>

**First Game:** Saturday, October 10<sup>th</sup>

**Last Game:** Saturday, December 5<sup>th</sup>

**OCTOBER 10<sup>th</sup> – DECEMBER 5<sup>th</sup>**

**Age**

3–9

**Practice** Monday–Friday between 4–6 pm

**Fee**

$80 member

$95 non-member

**SPRING SESSION**

**Registration Date:**

December 1<sup>st</sup>– February 25<sup>th</sup>

**First Practice:** Week of March 16<sup>th</sup>

**First Game:** Saturday, March 21<sup>st</sup>

**Last Game:** Saturday, May 9<sup>th</sup>

**March 21<sup>st</sup> – May 9<sup>th</sup>**

**Age**

3–9

**Practice** Monday–Friday between 4–6 pm

**Fee**

$80 member

$95 non-member

*Please be advised program guide dates are subject to change without notice.*